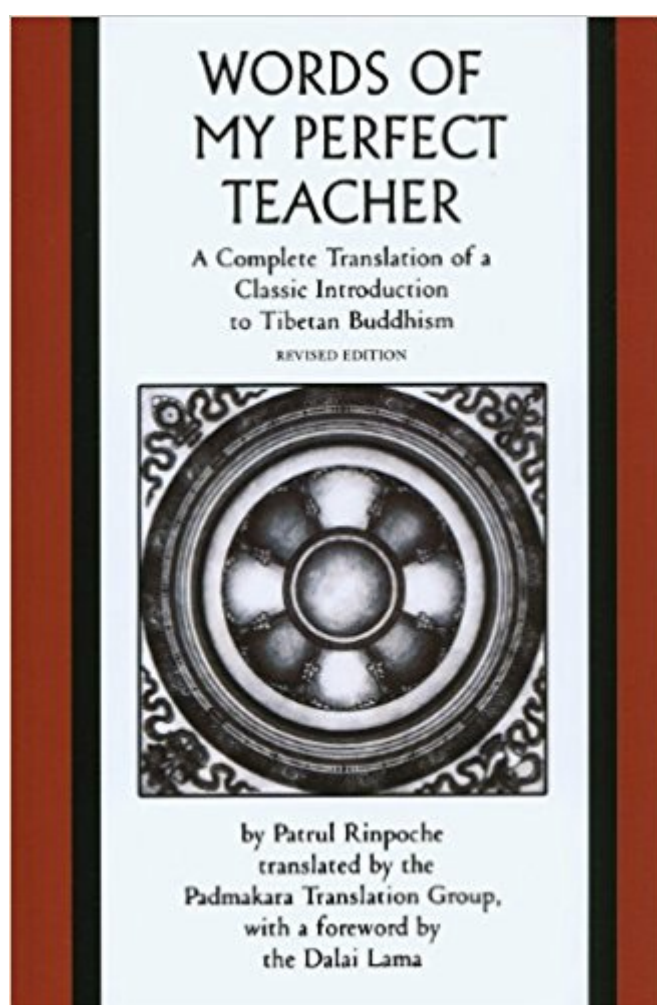


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Words Of My Perfect Teacher: A Complete Translation Of A Classic Introduction To Tibetan Buddhism (Sacred Literature)



Synopsis

A favorite of Tibetans and recommended by the Dalai Lama and other senior Buddhist teachers, this practical guide to inner transformation introduces the fundamental spiritual practices common to all Tibetan Buddhist traditions. *The Words of My Perfect Teacher* is the classic commentary on the preliminary practices of the Longchen Nyingtig—•one of the best-known cycles of teachings and a spiritual treasure of the Nyingmapa school—•the oldest Tibetan Buddhist tradition. Patrul Rinpoche makes the technicalities of his subject accessible through a wealth of stories, quotations, and references to everyday life. His style of mixing broad colloquialisms, stringent irony, and poetry has all the life and atmosphere of an oral teaching. Great care has been taken by the translators to render the precise meaning of the text in English while still reflecting the vigor and insight of the original Tibetan. A preface by His Holiness the Dalai Lama, insightful introductory essays, explanatory notes, and classic illustrations enhance this quintessential introduction to Tibetan Buddhist practice. This new edition includes translations of a postface to the text written a century ago (for the first printed edition in Tibetan) by the first Jamgon Kongtrul Rinpoche, and a new preface by the late Dilgo Khyentse Rinpoche. The notes, glossary and bibliography have been expanded and updated, Sanskrit names and terminology have been given their proper transliterated form, and the illustrations have been improved in quality and supplemented with new material.

Book Information

Series: Sacred Literature

Paperback: 512 pages

Publisher: Yale University Press; Revised edition (July 12, 2010)

Language: English

ISBN-10: 0300165323

ISBN-13: 978-0300165326

Product Dimensions: 1.2 x 6 x 9 inches

Shipping Weight: 1.6 pounds (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 59 customer reviews

Best Sellers Rank: #102,569 in Books (See Top 100 in Books) #48 in [Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Sacred Writings](#) #123 in [Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Tibetan](#) #21110 in [Books > Religion & Spirituality](#)

Customer Reviews

"For all teachings on all practices, whether preliminaries or main, this text is indispensable." --Dilgo Khyentse Rinpoche, author of Heart Treasure of the Enlightened Ones and The Wish Fulfilling Jewel --This text refers to an out of print or unavailable edition of this title.

Text: English (translation) Original Language: Tibetan --This text refers to an out of print or unavailable edition of this title.

This book presents great detail on the attitude of the student to the guru, and devotes chapters to the sufferings in the 6 realms, the 4 Thoughts that Turn the mind to dharma, as well as the 4 parts of the Ngondro practice. My teacher, in explaining how to practice Ngondro for the teachings he offers, referred again and again to this book for a detailed explanation. In my opinion, this is **not** a book for someone who has not taken refuge (i.e., who isn't a Buddhist) and a lot would not be applicable to a Buddhist who is not doing Ngondro. Since there are other books, similar to this one, that explain Ngondro practice, my guess is that a Buddhist student should buy the book recommended by his/her teacher. I am not a lama, just a student, so am not qualified to make this determination.

Having read a list of books on various traditions of Buddhism this helped me develop a much better understanding of the principles of the Varjayana method.

This is a Vajrayana classic. Every practitioner of every lineage should read it , as long as they are reading books.

This is the best book I have ever read.

An outstanding read, well written and easy to understand. A must for any truth seeker!

Awesome book.arrived fast and in good packaging.my husband loved his birthday gift,thank you

Patrul Rinpoche's tried and true guide for clearing out the old wrong views and establishing a solid foundation to experience minds true nature. Thanks to all true Teachers for teaching us the Bodhi-Dharma!

Very clear and well explained

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